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Enhancing Learner Engagement through Experiential Learning with Learner-Generated Data

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Background

Learner engagement is strongly associated with teaching effectiveness.¹ Therefore, strategies to increase learner engagement, such as evidence-informed educational design, experiential learning, feedback and reflection, and longitudinal design, are important tools to increase teaching effectiveness.^{2,3} Kolb's experiential learning theory⁴ and Schon's reflective practice⁵ suggest importance of active learning⁶⁻⁸ and reflection⁹ in learning. We used these frameworks and wondered whether addition of *learner self-generated data* as the basis for active participation and reflection could further enhance learner engagement.

Educational Approach and Innovation

We developed a 12-week course as a component of Education Scholars Program (ESP), a 3-year national faculty development program to develop educational scholarship skills in pediatric educators.¹⁰ Our overall goal was to increase participants' ability to design, implement, and evaluate quantitative educational research. Our innovation was utilizing learner-generated data as basis for hands-on exercises to increase learner engagement.

The course consisted of 4 modules (1 – course overview and program evaluation; 2 – study design and data management; 3 – validity; 4 – data analysis and presentation). Modules included pre-readings, recorded didactic videos, hands-on exercises to reinforce learning with sample completed exercises released after module completion, discussion boards, and 2 synchronous videoconferencing sessions to facilitate discussion of challenging material with instructors and peers. Learners completed a pre-course survey and evaluations after each module. Due to the decision to use learner-generated data, surveys included more questions than would be necessary purely for curriculum evaluation to allow learners to reflect on how approach to questions impacts analysis.

Rather than using a generic dataset for course activities, learner-generated data (e.g., data set containing learners' responses to survey questions from pre-course survey and post-Module 1 evaluation) were used throughout the course to engage learners (Figure 1). For example, in Module 2, learners explored data management by using survey questions they completed in pre-course and post-Module 1 surveys to create a coding worksheet with variable names, variable descriptions and a coding schema. In Module 4, learners practiced data analysis and data presentation using their de-identified self-generated data. Reflection *in action*⁵ encouraged reflection while the activity was happening, when learners completed surveys and analyzed their own responses, allowing learners to test their knowledge through active experimentation and practice⁴. Annotated answer keys and zoom calls to discuss answers facilitated reflective observation⁴ and reflection *on action*⁵, encouraging learners to reflect on the learning process, including the impact of using learner-generated data, after activity completion. Hands-on use of a data-set created by self and peer responses allowed for both types of reflection by scholars.

Evaluation

Participants completed a pre-course survey and post-intervention retrospective pre/post survey on comfort performing a quantitative educational study using a 6-point scale (1– very uncomfortable, 2– uncomfortable, 3– somewhat uncomfortable, 4– somewhat comfortable, 5– comfortable, 6– very comfortable). To better understand the impact of using learner generated data, our post-intervention survey asked “In this course, we chose to use data generated from the ESP Cohort’s pre-course survey and Module Evaluations as a basis for the exercises rather than using other example datasets. How valuable was this approach to your engagement with the course?” using a 5-point scale (1– not at all valuable; 2– of little value; 3– somewhat valuable; 4– moderately valuable; 5– very valuable). We then

asked them to explain their response in an open-ended question. We used univariate statistics (means) with paired t-tests and differences in incidence rates for quantitative analysis using SAS 9.4. Comments mentioning the use of participants' own data were compiled from all open-ended evaluation questions. Two authors (TML and CL) analyzed comments using content analysis. Separately, each author coded comments and then, through discussion, a single codebook was created yielding key themes. The University of California Davis Institutional Review Board classified this study as exempt.

Results

Thirty-five learners enrolled in and 32 completed the course. Of learners who completed the course, 87.5% (28/32) completed the post-course evaluation survey. The vast majority (92.9%; 26/28) found use of their own data as basis for exercises during course valuable/very valuable in their engagement (mean 4.5; Standard deviation: 0.69). In pre/post analysis, learners increased their comfort in performing a quantitative educational study by 1.00 point (95% confidence interval (CI): 0.52-1.47), from a mean of 3.35 to 4.18 ($p < 0.001$), improving from 12% to 56% as comfortable/very comfortable (difference: 44%; 95% confidence interval: 11.7-76.3%), $p = 0.008$). Results were even more pronounced in retrospective pre/post analysis, where learners increased their comfort by 1.61 (1.28-1.93) points.

Participants' comments reflected two key areas of strength for use of their own data. First, they recognized that using their own data increased their engagement as they found data more relevant and meaningful. One participant stated, "it is easier to engage/practice with data that feels relevant to us." Second was the ability to directly see a connection between how survey questions were worded and how it affected data collected, and thereby the analysis. One participant described the exercise of using their own data, "added another layer of understanding to look at the data set first as a respondent, and then as a researcher." Directly answering questions phrased in different ways and then analyzing that

data led to a deeper understanding of the complexities of data analysis. Several participants also mentioned that this provided a “better understanding of importance of how questions are asked.”

Discussion and Next Steps

Our quantitative educational research course found that utilizing learner-generated data as basis for hands-on learning activities was valuable for learner engagement and contributed to self-assessed skill development. Utilizing learner generated data allowed us to capitalize on the value of experiential learning,⁴ allowing learners to manipulate their self-generated data to learn through reflection and active experimentation.⁵

Our approach utilizes principles of case-based learning in which learners apply what they are learning to real world scenarios, a strategy known to be effective in health professions education.¹¹ However, our approach took that one step further by having learners not only analyze a real-world scenario, but also participate in creating data for that scenario. Quantitative and qualitative evaluation data support the idea that adding this additional layer to case-based learning deepened learners’ understanding.

The main limitation of our study is small sample size which limits generalizability. However, our learners were from multiple institutions across the United States, and we had a high response rate. In addition, we assessed scholars’ self-report of engagement with learning and self-assessed comfort in performing a quantitative educational study, and did not objectively measure changes in knowledge, skill, or behavior. As this was a de novo course, we did not have data from a prior iteration without learner-generated datasets to compare in order to understand the incremental value of using learner-generated data versus case-based learning. Next steps would include gathering additional qualitative data as to how

self-generated data led to increased engagement and learning, and objective outcomes data regarding knowledge acquisition and application.

We present initial evidence for benefits of using learner-generated data to enhance learner engagement and believe this approach can have widespread applicability and benefit for use in the design of diverse educational curricula including topics such as research design, medical education, and quality improvement.

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Figure. Educational quantitative research and evaluation course integrated self-generated learner data into hands-on curricula to enhance engagement with material through Kolb's Experiential Learning Cycle and Schon's Reflective Practice



